



SENIORS AND PEOPLE WITH DISABILITY



Dubbo Regional Council, through the provision of the 2022-2025 Dubbo Regional Council Disability Inclusion Action Plan ([2.3MB](#)), is committed to striving for an inclusive society and advocating for equal rights for all within our communities.

In April 2018, Dubbo Regional Council '...committed to undertake the biggest upgrade of infrastructure for people with disability ever seen in our region. They want to make Dubbo Regional the most progressive council in NSW in the field of disability access.'

NSW Community Transport Services Brochure ([2.7MB](#))

In July 2019, the new position of Community Development Officer - Seniors and people with disability was created and employed. Download our brochure to find out how this staff member can assist you; Community Development Officer Assistance Brochure ([2MB](#)).

The links below give information regarding services and support within the aged care sector and disability network.

WELLINGTON CARER SUPPORT GROUP

Facilitated by Dubbo Regional Council. Held bi-monthly on the third Wednesday of the month at the Wellington Senior Citizen Centre, 48 Swift Street Wellington.

Contact Council's Community Development Officer - 'Seniors and people with disability' for more information.

MY AGED CARE

<https://www.myagedcare.gov.au/>

My Aged Care is the Australian Government's starting point on your aged care journey. Find and access the government-funded services you need.

NATIONAL DISABILITY INSURANCE SCHEME (NDIS)

<https://www.ndis.gov.au/>

The National Disability Insurance Agency (NDIA) is an independent statutory agency. Our role is to implement the National Disability Insurance Scheme (NDIS), which will support a better life for hundreds of thousands of Australians with significant and permanent disability and their families and carers.

TRANSPORT FOR NSW - COMMUNITY TRANSPORT

<https://www.1rststop.transportnsw.info>

Community Transport is a government subsidised service that supports you to live a happy, healthy and fulfilling life.

Safe, affordable, door-to-door transport that helps you get around independently and live life to the fullest.

BENEVOLENT SOCIETY

<https://www.benevolent.org.au/>

As Australia's 1rst charity, our vision is a just society where everyone lives their best life. We've been supporting people with disability, children, families, older Australians and carers since 1813.

Not-for-profit and non-religious, we're committed to people. Through a dedicated team, a network of service providers, partnerships and volunteers, we change lives.

OLDER PERSONS ADVOCACY NETWORK (OPAN)

<https://opan.org.au/>

Older Persons Advocacy Network (OPAN) offer free, independent and confidential services that focus on supporting older people and their representatives to raise and address issues relating to accessing and interacting with Commonwealth funded aged care services.

COUNCIL OF THE AGED (COTA)

<http://www.cota.org.au/>

- a. Driving policy change in the interests of current and future older people across all priority policy areas that affect them, in accordance with COTA values and principles
- b. Ensuring that policy decisions involving older people are based on evidence, research, and consultation; and take into account the diversity within the older population.
- c. Ensuring that the voices of older people are heard in all relevant policy debates.

AGEING AND DISABILITY COMMISSIONER

<https://www.ageingdisabilitycommission.nsw.gov.au/>

The NSW Government has established the Ageing and Disability Commissioner to better protect adults with disability and older people from abuse, neglect and exploitation by someone they know in their home, or community.

CARER GATEWAY

<https://www.carergateway.gov.au/>

Carer Gateway is for anyone who is a carer. You may be a carer if you are looking after someone with disability, mental illness, dementia, a long-term health condition, an illness that will cause their death, or an alcohol or drug problem, or someone who is frail because they are old.

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