Dubbo Regional Council -Disability Inclusion Action Plan

- Developing positive community attitudes
- Providing equal access to employment within

This Plan focuses on the services and facilities provided by Dubbo Regional Council and the actions which can contribute towards the goals of the Plan.







(02) 6801 4000



Cnr Nanima Crs & Warne St

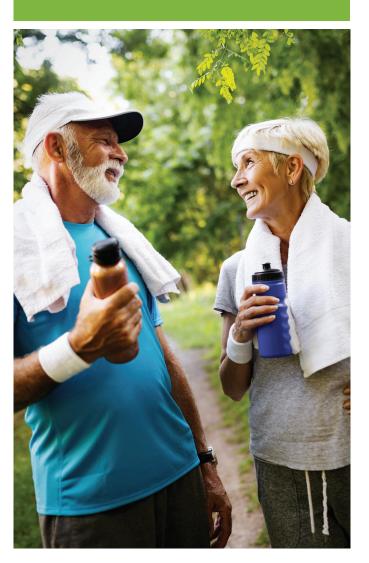


PO Box 81, Dubbo NSW 2830



COMMUNITY **DEVELOPMENT OFFICER**

- SENIORS AND PEOPLE WITH A DISABILITY





How Dubbo Regional Council can help you.



We provide information on:

- Disability services
- Myagedcare
- Community Transport
- Activities and groups within our LGA
- Service providers and programs to assist you at home
- Access issues or questions
- Carer Support
- Information for the whole Dubbo Local Government Area



Dubbo Regional Council provides community access to halls and facilities in the villages of; Geurie, Mumbil and Stuart Town as well as:

- A fully accessible hall in Wellington which is available for different groups and events to use all year round (hire fee's on application)
- Community Development Officer and Wellington Multiservice Centre facilitate the Carer Support Group.

ONCE A MONTH - every 2nd Tuesday at 10.30am.

Weekly activities

Wellington Senior Citizen Centre 48 Swift St, Wellington

Wettington Semor Citizen Centre 40 Swift St, Wettington		
MONDAY		
Seniors Swim Group (to Dubbo)	11am - 2	pm
TUESDAY		
Strength Exercises	9am - 10am	
WEDNESDAY		
Strength Exercises	9am - 10am	
THURSDAY		
Senior Citizens Club	10am	Morning tea
	10.30am	Hoy (card game)
	12pm	Generous 2 course lunch
	1pm	Games for everyone to enjoy
FRIDAY		
Tai Chi	9.30 - 10.30am	
Indoor Bowls	1 – 4pm	



Community Development Officer – Seniors and people with a disability:

Christy White

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